

Dominic Napat

**FITNESS
SPECIALIST**

EDUCATION & EXPERIENCE

A West Seattle local and Pacific Lutheran University graduate, Dominic is an international multi-sport athlete and nutrition coach. Since 2017, he has coached in China, Thailand, Indonesia, and the Philippines. From beaches to gyms, Dom trains high-performing athletes and everyday movers in everything from martial arts to freediving.

TRAINING STYLE & PHILOSOPHY

Dom adopts a client-centered approach to training, focusing closely on helping you achieve your goals. He ensures training is both fun and enjoyable, turning every session into a core workout from all the laughter. As a passenger on your fitness journey, Dom has you covered from eating to moving well.

IF I WEREN'T WORKING IN FITNESS:

I would be a camera operator underwater living the life as an aqua person.



CONTACT ME AT

dominic.napat@vivecorp.com